

Dr. Miravone Dorough, DC, ND

at Estuary Center for Living & Healing Arts



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Welcome!

Dr. Miravone specializes in Naturopathic & Chiropractic medicine and is available to answer any of your questions about how she can serve you to improve your health as much as possible. She will work as your advocate to integrate alternative medicine into your life to optimize your health! She will utilize Naturopathic medicine, lifestyle guidance, clinical and functional nutrition, homeopathy, botanical medicine, emotional wellness, acupuncture, and Chiropractic medicine to provide you with the most well rounded care possible.

Naturopathic physicians are trained to work with the body's natural healing mechanisms as well as using the power of nature to improve your life without harmful side effects, lifelong requirements, and suppression of symptoms. She will dive deep into your health by utilizing a complex first office visit (90 minutes) that will include a detailed comprehensive history, blood work, physical exam, and explanation of every aspect of your treatment plan so you can take charge of your health.

Dr. Miravone maintains her Chiropractic licensure and works under her scope as a Chiropractor in Illinois. Dr. Miravone obtained both doctoral degrees from the fully accredited school, National University of Health Sciences in Lombard, IL and has passed ALL of her medical board exams necessary to obtain licensure. Dr. Miravone is currently licensed as an ND in Vermont & has passed the licensing exams. Since NDs are not currently licensed doctors in IL, it is imperative that board certified NDs maintain a license in a licensable state. Naturopathic physicians are trained as primary health care practitioners and receive doctoral degrees from accredited four-year Naturopathic medical colleges (with a four-year Bachelor's degree requirement). Naturopathic doctors are currently licensed in the following states: Alaska, Arizona, California, Colorado, Connecticut, District of Columbia, Hawaii, Kansas, Maine, Maryland, Minnesota, Montana, New Hampshire, North Dakota, Oregon, Utah, Vermont, Washington, and the U.S territories of Puerto Rico and Virgin Islands. Please visit www.naturopathic.org for more information about licensure and information regarding training of Naturopathic doctors.

General information:

Office visits- The first office visit with Dr. Miravone will be scheduled for 90 minutes and following return office visits will be scheduled for 30 minutes. All patients will be seen on an appointment basis. Patients must cancel their appointment AT LEAST 24 hours **before** the scheduled time or will be charged \$250 for new visits and \$100 for return office visits/therapies. Appointments that are 15 minutes or MORE late to their appointment will be asked to reschedule or accrue a missed appointment fee.

Telephone consultations- Patients are free to call and ask questions (email can be an option for clarification of treatment plan or miscellaneous questions). If the phone consultation requires a visit, the patient will be asked to make an appointment right away. Telemedicine visits are also an option for patients. Please inquire for more information.

Payment- ALL payment (co-pay, therapies, etc) is due in FULL at time of visit.

Insurance- Currently accept Blue Cross Blue Shield IL-PPO

Past due amounts- For amounts not paid in full, a finance charge of 1.5% will be added. Past due accounts shown to have zero activity for more than 90 days will be turned over to a collection agency.

Please arrive 15 minutes early for your FIRST office visit to check in and finish any additional paper work.

Please sign here to signify that you read the content of this letter _____ Date _____